

Friday, October 12th

9am – 12:00pm – Registration is open for packet pick-up and activities

1:00pm – 5:00pm - Conference kick-off!

- Introductions
- Announcements
- Recognition
- Education

7:00pm – Cocktail Reception (All are invited)

- Appetizers

Menu:

Domestic & Imported Cheese Display with Assorted Crackers

Vegetable Crudités Display with Ranch and Onion Aioli

Rare Beef on Garlic Crostini with Roasted Shallots & Stilton Cheese

Brie on a Crostini with Green Apple Slice in Balsamic

Apple Wood Smoked Bacon Wrapped Scallops

- Music
- Cash bar

8:00pm – 11:30pm – Dare to Dream Formal Banquet

- Dinner

Menu:

House salad

Warm rolls & butter

Chef's choice of starch

Seasonal vegetables

Beef Medallions in Red Wine Sauce

Herb Grilled Salmon

Coffee & iced tea service

- Dancing (participation is not required!)
- Socializing

Saturday, October 13th

7:45am – 8:45am – Breakfast

Menu:

Apple, Cranberry and Orange Juices

Assorted Pastries, Muffins and Croissants with Butter and Preserves

Seasonal Berries and Fresh Fruit Display

Farm Fresh Scrambled Eggs

Applewood Smoked Bacon

Country Sausage Links

Skillet Breakfast Potatoes with Onions & Peppers

Oatmeal with Brown Sugar and Raisins
Fresh Brewed Coffee and Herbal Teas

9:00am – 10:00am – Jim Wilkens, The Mismanagement of Pitocin

10:00am – 10:15am – Break

10:15am – 11:15am – Rachael Laundry, Dissecting the research

11:15am – 12:15pm – Angela Horn, The Forgotten Hormones of Pregnancy, Labor and Birth

12:15pm – 1:15pm – Lunch (Special guest speaker)

Menu:

House-made Penne Pasta Salad

Roasted Potato Salad

Whole Fruit

Grilled Chicken with Lettuce, Tomato and Sundried Tomato Pesto Spread on a Ciabatta Roll Fresh Oven

Roasted Turkey with Baby Swiss Cheese, Lettuce, Tomato with Cranberry Chutney on Sourdough

Baguette

Roasted Beef with Smoked Gouda and Provolone, Lettuce, Tomato on a Pretzel Roll with Grain Mustard

Fresh Baked Cookies

House-made Fudge Brownies

Assorted Coca Cola Products

Bottled Juices

1:15pm – 2:15pm – Madeleine Morris, Tales From The Plastic Teat

2:15pm – 3:00pm – Book signing with Madeleine Morris

3:00pm – 4:00pm – Break-out sessions

- Jessica Dill, Cesarean Support - Before, During and After
- Katie Brenner, CBE 101 – Creating Content & Activities to Attract Your Target Market
- Jennifer Del Sol, Infant Anatomy, Physiology and Reflexive Behavior Related to Breastfeeding

4:00pm – 5:00pm – Break-out sessions

- Julie Six, The Anatomy and “What-ifs” of a Contract
- Samantha Griffin, How to Build Your Business’ Self-Esteem and Grow Your Doula Business

5:00pm – 5:15pm – Break

5:15pm – 6:15 – Emily Johnson, Building a Business on a Budget – How to be ALL IN, Without Risking it All

6:15pm – 7:15pm – Dinner

Menu:

Southwestern Buffet

Salad Greens with Black Olives, Avocado, Cheddar Cheese and Chipotle Dressing

Corn and Black Bean Salad with Jalapeno Vinaigrette

Grilled Chicken with Avocado, Jack Cheese and Cilantro Cream

*Grilled Steak Fajitas
Green Chili Rice, Black Beans, Sour Cream, Flour Tortillas
Spicy Southwestern Vegetable Sauté Southwestern Cornbread and Honey Butter
Lime-Cream Pie and Cinnamon Churros
Iced Tea and Lemonade*

8:30pm – 10:00pm – Charlene Sears-Tolbert – Feminine Rage

Sunday, October 14th

7:45am – 8:45am Breakfast

Menu:

*Apple, Cranberry and Orange Juices
Assorted Pastries, Muffins and Croissants with Butter and Preserves
Seasonal Berries and Fresh Fruit Display
Farm Fresh Scrambled Eggs
Applewood Smoked Bacon
Country Sausage Links
Skillet Breakfast Potatoes with Onions & Peppers
Oatmeal with Brown Sugar and Raisins
Fresh Brewed Coffee and Herbal Teas*

9:00am – 9:30am – No Child Wet Behind

9:30am – 10:30am – Kelly Rutan, Doulas and Maternal Mental health Emergencies

10:30am – 10:45am – Break

10:45am – 11:45am – Alex Weinberger and Colleen Downey, Self Confidence and Supporting Oneself Without Judgment

11:45am – 12:30pm – Kristyn Blocher, Goal Setting and Planning

12:30pm – 1:00pm – Randy Patterson & Debbie Aglietti, Conference Closing

1:00pm – Post conference cupcake party

Monday, October 15th

9:30am – 11:00am – Dare to Dream 2018 Conference Add-on:
Women's Self Defense Workshop – Cost \$55